Brandon Kalasho, DO

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Education

- UCLA Interventional Spine Medicine Fellowship- Completed July 2026
- UCLA / VA Greater Los Angeles Physical Medicine and Rehabilitation Residency- completed June 2025
- St. Mary Medical Center- Internal Medicine (Internship) -completed June 2022
- Doctor of Osteopathic Medicine Degree from Western University of Health Sciences May 2021
- Bachelor's of Arts from the University of California, San Diego, May 2016

Employment

- Longév Clinic in La Jolla, CA (Co-owner)
- Concentra - Physiatry and MSK specialist
- Medrina SNF Rehab Consultant

Professional Memberships and Committees

- Pacific Spine and Pain Society (PSPS) Education Committee
- Pacific Spine and Pain Society (PSPS) Leadership Immersion Tract
- American Academy of PM&R (AAPM&R)
- American Society of Pain and Neuroscience (ASPN)

Awards & Honors

- 2023 & 2024 UCLA PM&R Certificate of Academic Achievement
  - Awarded to highest academic performance on SAE amongst PGY level
- Graduated UCSD with Magna Cum Laude Honors
- Member of the Society of Collegiate Leadership and Achievement Honor Society
- Member of Golden Key Honor Society
- Achieved UCSD Provost Honors seven times
- Chaldean Chamber of Commerce Leadership Award
  - Awarded for significant contributions to the Chaldean community business sector

Leadership

- Co-Chair of 'Team to Win' (2022-present)
  - Responsibilities include organizing and providing on-field physician coverage for underserved high school athletics throughout Los Angeles.
- Elected Treasurer of Student Osteopathic Surgical Association in Medical School
  - Balanced club budget, organized guest speaker and fundraiser events
- Elected Montclair Clinic Coordinator
  - Organized healthcare services to community members without private insurance or government medical assistance at at a community clinic in Montclair, CA

Publications

- **Brandon D. Kalasho DO,** Aram Mardian MD, Eric Hanson PhD, Ryan Alano MD, Lynn Chang DO. Pain Medicine in PM&R: Board Review, chapter 10: Psychosocial and Cultural Aspects of Pain. Elsevier Publishing Co. In Press.

- **Brandon D. Kalasho DO,** Aram Mardian MD, Eric Hanson PhD, Lynn Chang DO. Pain Medicine in PM&R: Board Review, chapter 11: Sex and Gender Issues in Pain. Elsevier Publishing Co. In Press.

- Meredith Byl DO, Jennifer Tram MD, **Brandon Kalasho DO,** Sanjog Pangarkar, MD, Angela Quynh Pham, MD. Post Amputation Pain Management. Physical Medicine and Rehabilitation Clinics of North America. Submitted December 2023.

- Sara Flores MD, Michael Hernandez MD, **Brandon Kalasho DO.** PM&R Knowledge Now-Discogenic Back Pain. Originally published: November 10, 2011 Last updated: July 2023. AAPM&R.

Publications Continued

- Sara Flores MD, **Brandon Kalasho DO,** Michael Hernandez MD. PM&R Knowledge Now- IT Band Syndrome Orginially Published: December 28, 2012 Last updated: August 22, 2024
- **Brandon Kalasho DO,** Secilia Salem BS, Elite Ben-Ozer MD. A case of Newly Diagnosed Lipoma Arborescens. AAP Accepted submission. In Press.
- **Brandon D. Kalasho BA,** Seung Chang MD, Thomas Kim DO, Henry K. Lee DO. "Functional" Trigger Point Injections for Male Ballet Dancer: A Case Study. American Journal of PM&R. Presented at AAP Conference 2021.
- **Brandon D. Kalasho BA,** Robin Kikuchi, Christopher I. Zoumalan MD FACS. Silicone-Based Scar Cream for Post Upper Eyelid Blepharoplasty-associated Cicatricial and Hypertrophic Scarring. J Drugs Dermatol. 2019 May 1;18(5):440-446.
- **Brandon D. Kalasho BA;** Ardalan Minokadeh MD PhD; Sandy Zhang-Nunes MD; Richard A. Zoumalan MD; Nima L. Shemirani MD; Andrea R. Waldman MD; Vadim Pletzer BS; Christopher I. Zoumalan, MD. Evaluating the safety and efficacy of a new topical formulation for hyperpigmentation consisting of highly selective growth factors, tranexamic acid, and other ingredients to hydroquinone 4%: a prospective, randomized, controlled split face study. Journal of Cosmetic Science. April 2020.
- Robin Kikuchi BS, Andrea R. Waldman MD, Erik M. Wolfswinkel MD; Vadim Pletzer BS, **Brandon D. Kalasho BA**, Christopher I. Zoumalan MD. Evaluating the safety and efficacy of a new topical formulation that includes selective growth factors and other ingredients within a silicone cream matrix for treating striae distensae. J Cosmet Sci. 2020 Mar/Apirl;71(2):77-90.
- Jenny S. Choy MD, Zachary C. Berwick PHD, **Brandon D. Kalasho BA**, Lijuan Fu PHD, Deepak L. Bhatt MD, Jose A. Navia MD, Ghassan S. Kassab PHD. Selective Autoretroperfusion Provides Substantial Cardioprotection in Swine Incremental Improvements with Mild Hypothermia. JACC Basic Transl Sci. 2020 Feb 12;5(3):267-278.

Presentations

- 2023 AAPM&R Presenter for Case Study of Lipoma Arborescens. New Orleans, LA.
- 2024 AAPM&R Presenter for Case Study of Brachial Plexus Schwanomma. San Diego, CA.
- Journal Club Presenter at UCLA. PRP Injections for Knee OA. April 27, 2023.
- Journal Club Presenter at UCLA. PRP Injections for Minimally Invasive Lumbar Decompression. May 29, 2025.
- Poster Presentation at AAP Conference 2021. "Functional" Trigger Point Injections for Male Ballet Dancer: A Case Study.
- Research Paper "Silicone-Based Scar Cream for Post Upper Eyelid Blepharoplasty-associated Cicatricial and Hypertrophic Scarring" presented at ASOPRS 49th Annual Fall Scientific Symposium, October 25-26, 2018 at the Hilton Chicago.

Extracurricular Activities

- Brown Learning Center- El Cajon, CA (November 2015 – February 2017)
  -Served as an academic tutor for high school and college students in the subjects of chemistry, biology, and physics
  -Also involved with the online marketing and signage for the company.
- American Red Cross (April 2016 – Jan 2017)
  -Worked as a Blood Donor Ambassador, responsibilities included assisting medical personnel in acquiring blood donations, providing post-donation care for blood donors, and helping to organize donor schedules.
- UCLA-Sponsored Honduras Medical and Dental Mission (June 2014)
  - Spent two weeks in Tegucigalpa and Guaimaca as a volunteer in health clinics
  - Responsibilities included triaging urgent care patients, assisting medical personnel during operations and treatments,
- Vice Chair of the Chaldean American Chamber of Commerce Student Affairs Department (May 2014 - July 2015)
  -Lent guidance counseling to young Chaldean students who are seeking higher-level education
  -Responsibilities included organizing events with students and community officials and creating workshops that help students prepare for college applications

Research Experience

- California Medical Innovation Institute (Jan. 2016 – Jan. 2017)
  -Worked as a Medical Assistant (M.A.) during veterinary surgeries
  -Learned to suture wounds, monitor vitals during operations, administer medication, operate C-arm, and intubate.

- Scripps Research Institute (Mar. 2016 – June 2016)
  -Internship position in the Department of Microbiology and Immunology under the supervision of Dr. Glen Nemerow, PhD
  -Research focused on the infection pathway of adenovirus with mammalian cells with implications for viral gene therapy
  -Obtained knowledge of application of biochemical techniques such as PCR, qPCR, gel electrophoresis, affinity chromatography,transformation, and transfection

- Stemedica Cell Technologies (Nov. 2014 – Feb. 2016)
  -Research position in the R&D department under the supervision of Dr. Grigory Vertelov, PhD
  -Research focused on manipulations of culture conditions of mesenchymal and neural stem cells to improve cellular viability in hypoxic and nutrient-deficient conditions. This research has implications for regenerative tissue therapy for strokes and tissue necrosis
  -Learned proper aseptic tissue culture technique, cell fixing, cell staining, transmission electron microscopy, fluorescence-activated cell sorting (FACS), and micro-bead separation