

# Sherry Hsueh-Yi Young, MD, FAAPMR

Palo Alto, CA

## Summary

Board-certified Physiatrist with over 25 years of clinical and leadership experience in rehabilitation medicine, electrodiagnostic testing, and disability assessment. Dual-certified in Physical Medicine & Rehabilitation and Electrodiagnostic Medicine with expertise in stroke and neurorehabilitation, spasticity management, and interdisciplinary care of complex disabilities. Accomplished educator and mentor with U.S. and Singapore faculty appointments, now seeking to provide high-quality, patient-centered rehabilitation care in California.

## Education

**UT Health San Antonio, Texas** | *Residency, Physical Medicine & Rehabilitation* (1994)

**SUNY Upstate Medical University, New York** | *Doctor of Medicine* (1990)

**Oberlin College, Ohio** | *Bachelor of Arts* (1985)

## Clinical Experience

### **Changi General Hospital, Singapore**

*Senior Attending Physician (2017 – 2025), Department Chair (2004 – 2017)*

- Directed the Department of Rehabilitation Medicine, overseeing clinical operations and staff development
- Provide specialized care in stroke, brain injury, spinal cord injury, and musculoskeletal rehabilitation.
- Manage spasticity using botulinum toxin, phenol blocks, and oral agents.
- Perform nerve conduction studies and EMG for complex diagnostic cases.
- Lead multidisciplinary team coordination and patient-centered goal setting.
- Serve as Physician Faculty for the SingHealth Rehabilitation Medicine Residency Program.

**Tan Tock Seng Hospital, Singapore** *Attending Physician (2002 - 2004)*

**Changi General Hospital, Singapore** *Attending Physician (1999 - 2002)*

## Teaching Experience

- Chief Examiner for National Rehabilitation Medicine Board Exams (2004–2025)
- Physician Faculty, SingHealth Rehabilitation Medicine Residency Program
- Senior Lecturer, Yong Loo Lin School of Medicine, National University of Singapore

- Clinical Teacher, Lee Kong Chian School of Medicine, Nanyang Technological University Singapore
- Clinical Assistant Professor, Duke-National University School of Medicine Singapore

## **Certifications**

- **Physical Medicine & Rehabilitation:** American Board of Physical Medicine & Rehabilitation (1995–2035).
- **Electrodiagnostic Medicine:** American Board of Electrodiagnostic Medicine (2007–2027).
- **Medical Licensure:** Active license in California since 2012 (G88864) and New York since 2024 (333544)

## **Skills**

- **Clinical Expertise:** Stroke/Neurorehabilitation, Spasticity Management, Musculoskeletal Rehab.
- **Diagnostics:** Nerve Conduction Studies, EMG, and Functional/Disability Assessment.
- **Leadership:** Multidisciplinary Team Coordination, Medical Ethics, and Residency Program Oversight.
- **Technical:** EHR Documentation, Outcomes Tracking, and Primary Care for Chronic Conditions.

## **Select Publications**

- [Matchar DB, Young SHY, et al. Incentives for Uptake of and Adherence to Outpatient Stroke Rehabilitation Services. Arch Phys Med Rehabil. 2022.](#)
- [Wang Y, Young SH, et al. Burden of Informal Care in Stroke Survivors in an Asian Setting. BMC Public Health. 2021.](#)
- [Kong KH, Young SH. Incidence and Outcome of Post-Stroke Urinary Retention. Arch Phys Med Rehabil. 2000.](#)

## **Select Awards & Honors**

- National Service Award, Singapore – 2025
- Faculty Appreciation Award, SingHealth Residency – 2024
- Gold Award, SingHealth Quality Service Awards – 2010, 2011, 2014, 2022, 2024
- Outstanding Faculty Award, SingHealth Residency – 2017