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**Robert Scott, M.D.**

La Jolla, CA 92037

Email: [robert@drscottsandiego.com](mailto:robert@drscottsandiego.com)

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**Skills/Interests**

**Specializing in the treatment of spinal pain, musculoskeletal injuries, and peripheral nerve disorders**

Intraspinal Injections and procedures

Non-surgical interventions for spine, joint, nerve, and muscle pain

Platelet rich plasma treatments

Botox treatments

Neurodiagnostic testing and assessments.

Exercise prescriptions

**Experience**

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**Robert Scott, MD / Robert E. Scott MD, Inc., APMC**

January 2008 to Present, La Jolla, California

September 2019 to Present, Yuma, AZ

Physical Medicine and Rehabilitation, Sports Medicine, Interventional Pain Medicine, Electrodiagnostic Medicine

**Oasis Sports Orthopedic Group- Associate**

November 1999 to August 2008, San Diego, CA

A multispecialty group focusing on musculoskeletal injuries

**Central Coast Physical Medicine and Rehabilitation**

September 1996 to August 1997, Santa Barbara, CA

Inpatient Physical Medicine and Rehabilitation

**Southern California Permanente Medical Group**

September 1995 to August 1996, San Diego California

Occupational medicine clinic

**Arizona Physical Medicine**

July 1994 to August 1995

Inpatient and outpatient rehabilitation/Electrodiagnostic testing

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**Consulting/Contracting**

**San Diego Sports Medicine and Orthopedics**

July 2017 to April 2020, 2 days per week

Spinal injuries in a multispecialty sports orthopedic group

**Pinnacle HealthCare Urgent Care**

April 2014- to September 2019, 2 days per month, Yuma, AZ

Specialist for spine and musculoskeletal injuries

**San Diego Orthopedic Associates- Associate**

August 1998- to August 2003, 1 day per week

Electrodiagnostic Testing

**Naval Hospital Camp Pendleton/Orthopedic Sports Medicine**

November 1997 to December 2000, 2 days per week

Musculoskeletal injuries

**Sharp Rees Stealy Medical Group**

November 1997 to December 2018, 1 day per week, San Diego, CA

Musculoskeletal, urgent care, and occupational medicine clinics

**Southern California Rehabilitation Medical Associates**

January 1997 to January 2001

Inpatient rehabilitation/weekend coverage

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**Education**

**George Washington University School of Medicine,  
Washington D.C.**

August 1986 to July 1990/Doctor of Medicine

**University of California, Berkeley**

August 1984 to July 1986/Bachelor of Science at the School of Optometry

**Santa Barbara City College**

September 1983 to July 1984/Emergency Medical Technician

**University of California, Santa Barbara**

September 1979 to July 1983/Bachelor of Science with Honors

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**Training**

**Internship- Medicine**

St. Joseph's Medical Center, Phoenix, AZ

August 1990 to July 1991

**Residency- Physical Medicine and Rehabilitation**

University of California, Los Angeles

July 1991 to June 1994 Chief Resident 1994

**Fellowship- Interventional Pain Medicine**

Rehabilitation Associates of Colorado, Denver, CO

January 2001 to December 2001

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**Professional Certifications**

**Medical Board Certifications**

American Board of Physical Medicine and Rehabilitation

Subspecialties- Sports Medicine  
Pain Medicine  
American Board of Electrodiagnostic Medicine

**Medical Licenses**

California G73573  
Arizona 22581  
Colorado 39185

DEA BS 3252854  
FS9557781

ACLS Active  
Radiography and Fluoroscopy Supervisor/Operator

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**Memberships**

American Association of Neuromuscular and Electrodiagnostic  
Medicine  
American Medical Association  
North American Spine Society  
San Diego County Medical Society

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**Awards**

San Diego County Medical Society Top Doctors  
2013 2014 2023

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**Publications**

Traumatic Hip Dislocations in Athletes  
Chris S. Pallia, Robert E. Scott, David J. Chao  
Current Sports Medicine Reports, Dec 2002; 1(6): 338-45

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**Volunteer Activities**

Medical Team Captain- San Diego Rock and Roll Marathon  
2002 and 2003  
Clinical Advisor- American Running Association  
2001 to 2010  
Team Physician- Mesa College Sports and Football  
2002 to 2014  
Medical- Suzuki Primal Quest Adventure Race  
2002