

# Elliot K. Chan, M.D.

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## EDUCATION AND WORK EXPERIENCE

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### **Lightyear Health** **January 2023 - Present**

*Senior Medical Director (January 2024)*

*Supervising PM&R physician*

- Provided medical care as a consultant specialist for skilled nursing facility patients focusing on rehabilitation and pain management.
- Supervised mid-level providers with inpatient rehabilitation management, documentation.
- Conducted education, training, and onboarding of Advanced Practice Providers.
- Involved with development of proprietary clinical software and documentation technology.
- Performed sales meetings and attended conferences for company outreach and promotion.

### **NMCI Medical Clinic** **September 2021 - Present**

*PM&R/Occupational Medicine*

*Electrodiagnostic physician*

- Provided medical care as primary treating physician for patients in the workers compensation system.
- Provided specialist services as PM&R/Pain management.
- Performed ultrasound-guided peripheral joint injections, including PRP.
- Performed electrodiagnostic studies independently and with NCS technician.
- Participated in educational sessions and clinical follow up for Functional Restoration Program.

### **University of California, Irvine | Department of PM&R** **2018 - 2021**

*Resident physician*

*Chief Resident (2020-2021 academic year)*

- Assisted PM&R department in coordinating resident rotation/call schedules, didactics, and interviews.
- Acted as liaison between faculty and residents in managing feedback and conflict resolution.
- Focused instruction of junior residents on diagnostic and procedural ultrasound, electrodiagnostic studies, and peripheral joint injections.

### **University of California, Irvine | Department of Internal Medicine** **2017 - 2018**

*Intern physician*

### **New York Medical College | School of Medicine** **2013 - 2017**

*Doctor of Medicine graduate*

### **University of California, San Francisco | Department of Ophthalmology** **2011 - 2013**

*Staff Research Associate*

- Conducted research on drug permeability and drug delivery devices
- Organized the microsurgery suite for resident didactics and faculty research.

### **University of California, Berkeley | Department of Integrative Biology** **2007 - 2011**

*Bachelor of Arts graduate with Honors*

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## PUBLICATIONS AND PRESENTATIONS

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**Elliot Chan.** Focal Pain and Opiates. *Lightyear Health Educational Series*. April 2024.

**Elliot Chan.** How to Perform a History and Physical/Initial Encounter. *Lightyear Health Onboarding Videos*. February 2024.

**Elliot Chan.** Overview of Occupational Medicine. *UC Irvine Dept. of PM&R Resident Didactics*. March 2023.

Rachel Sunico, **Elliot Chan**, Sujin Lee, Jason Koh. Vitamin C Deficiency in Recurrent Intraparenchymal Hemorrhages: A Case Report. *American Academy of Physical Medicine and Rehabilitation Interactive Case Study*. 2022.

**Chan.** Medications for Chronic Pain. *NMCI Medical Clinic Functional Restoration Program*. May 2022.

**Elliot Chan.** Overview of NCS/EMG. *Kaiser Permanente Anaheim Family Medicine Residency Didactics*. January 2021.

**Elliot Chan**, Christopher Lee, Maya Hatch, Eric Chang. Measuring Lead Migration During Spinal Cord Stimulator Trial. *NANS 24<sup>th</sup> Annual Meeting Abstract Submission*. December 2020.

**Elliot Chan.** Journal club: Optimizing the cervical radiculopathy EMG screen. *UC Irvine Dept. of PM&R Resident Didactics*. November 2020.

**Elliot Chan**, Kimberly BeDell. Surfer's Myelopathy Treated with Steroids and Induced Hypertension: A Case Report. *AAPM&R Annual Assembly Abstract Submission*. November 2020.

**Elliot Chan**, Jonathon Teng. Risk factors for heterotopic ossification in operatively treated proximal humeral fractures. *Contributing Editors for Rehab in Review*. May 2020.

**Elliot Chan.** Prosthetics in Rehabilitation, Board Review. *UC Irvine Dept. of PM&R Resident Didactics*. January 2020.

**Elliot Chan**, Majid Mekany. Suprascapular Neuropathy Case Review. *Contributing Editors for Rehab in Review*. October 2019.

**Elliot Chan.** Overview of Cardiac and Pulmonary Rehabilitation. *UC Irvine Dept. of PM&R Resident Didactics*. April 2019.

**Elliot Chan**, Kyaw Zaw Lin, Youhans Ghebrendrias. A Case of Parsonage-Turner Syndrome After a Burn Injury. *California Society of PM&R Annual Meeting*. April 2019.

**Elliot Chan**, Kyaw Zaw Lin, Youhans Ghebrendrias, David Zachariash. Triphasic Response Following Craniopharyngioma Resection, A Case Report. *Association of Academic Physiatrists Annual Meeting*. February 2019.

**Elliot Chan.** Cardiac and Pulmonary Rehabilitation, Board Review. *UC Irvine Dept. of PM&R Resident Didactics*. January 2019.

Kevin D. Lance, Daniel A. Bernards, Natalie A. Ciaccio, Samuel D. Good, Thaís S. Mendes, Max Kudisch, **Elliot Chan**, Mynna Ishikiriya, Robert B. Bhisitkul, Tejal A. Desai. In vivo and in vitro sustained release of ranibizumab from a nanoporous thin-film device. *Drug Delivery and Translational Research*. 2016;6(6):771–780. PMID: PMC5097678.

Ricardo Lamy, **Elliot Chan**, Sam D. Good, Vicky Cevallos, Travis C. Porco, Jay M. Stewart. Riboflavin and ultraviolet-A as adjuvant treatment against *Acanthamoeba* cysts. *Clinical & Experimental Ophthalmology*. 2016;44(3):181–187. PMID: PMC4786490.

**Elliot Chan**, Samantha C. Erosa, Rakesh Patel, and Mohammad S. Islam. Congenital Vertebral Malformation Due to DLL3 Mutation or Diabetic Embryopathy? *Association of Academic Physiatrists Annual Meeting*. March 2015.

Samantha C. Erosa, **Elliot Chan**, Rakesh Patel, and Mohammad S. Islam. Crutch Palsy-Induced Unilateral Compressive Radial Neuropathy. *Association of Academic Physiatrists Annual Meeting*. March 2015.

Ricardo Lamy, **Elliot Chan**, Hui Zhang, Vasant Salgaonkar, Sam D. Good, Travis C. Porco, Chris J. Diederich, and Jay M. Stewart. Ultrasound-enhanced penetration of topical riboflavin into the corneal stroma. *Investigative Ophthalmology & Visual Science*. 2013;54(8):5908–5912. PMID: PMC3757909.

Jay M. Stewart, Chris J. Diederich, **Elliot Chan**, Vasant Salgaonkar, and Ricardo Lamy. Ultrasound-enhanced penetration of topical fluorescein into the vitreous in rabbit eyes. *Investigative Ophthalmology & Visual Science ARVO Meeting*. 2012:493. May 2012.

Ricardo Lamy, **Elliot Chan**, Hui Zhang, Vasant Salgaonkar, Chris J. Diederich, and Jay M. Stewart. Ultrasound-enhanced penetration of topical riboflavin into the corneal stroma. *Investigative Ophthalmology & Visual Science ARVO Meeting*, 2012:6806. May 2012.

**Elliot Chan.** Ultrasound-enhanced transscleral permeation of sodium fluorescein through porcine and rabbit eye in vitro and in vivo. *UC Berkeley Dept. of Integrative Biology Honors Thesis*. May 2011.

Thomas Claverie, **Elliot Chan**, and Sheila N. Patek. Modularity and scaling in fast movements: power amplification in mantis shrimp. *Evolution*. 2011 65(2):443-461. PMID: 20840593.

Thomas Claverie, **Elliot Chan**, and Sheila N. Patek. Shape, size and performance of a crustacean predatory appendage. *Integrative and Comparative Biology Annual Meeting*. July 2010.

**Elliot Chan.** Opting for Expiration: Efficacy of bioactive secondary compounds in affecting herbivore feeding preferences of medicinal Leguminosae species in Mo'orea, French Polynesia. *Student Research Papers, UC Berkeley Mo'orea Class Fall 2009. Biology and Geomorphology of Tropical Islands*. December 2009.

**Elliot Chan.** Identifying the Cause of Berry Shrivels. *UC Davis Young Scholars Program Symposium*, August 2006.

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## **PROFESSIONAL AFFILIATIONS**

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American Board of Electrodiagnostic Medicine; Board Certified 2023

American Board of Physical Medicine and Rehabilitation; Board Certified Part I (2021) and Part II (2022)

Medical Board of California (#A160365)

American Academy of Physical Medicine and Rehabilitation (AAPMR)

Association of Academic Physiatrists (AAP)